

## MCAT Study Schedule by TestPrep-Online

1. The following table is an optional 12 week study plan.
2. Although it was created by our experts and reflects the experience of former test takers, this table is only a suggestion.

		Biological	Physical	Verbal + Writing	Full Practice Test
1 <sup>st</sup> week	Mon	Enzymes and Metabolism	motion & forces	1 Passage of Verbal Reasoning	Our <a href="#">free practice test</a>
	Tue	"	"	1 Passage	
	Wed	"	Equilibria & Momentum	1 Passage	
	Thu	DNA RNA proteins	"	1 Passage	
	Fri	"	Work & Energy	1 Passage	
	Sat	Eukaryotic and prokaryotic cells	"	2 Passages – to complete 1 VR section	
	2 <sup>nd</sup> week	Mon	Microbiology: bacteria and virus	Waves	VR Guide – 2 questions types + 1 VR Passage
Tue		"	"	"	
Wed		Specialized Cell types	Sound	"	
Thu		Nervous & Endocrine	"	"	
Fri		"	Fluids & Solids	"	
Sat		Circulatory, Lymphatic & Immune	Electrostatics	Complete VR Guide + complete 1 VR section	

3 <sup>rd</sup> week	Mon	"	"	<a href="#">Writing Sample Guide</a> – study 2 sample essays	
	Tue	Digestive & Excretion	"	"	
	Wed	"	Magnetism	"	
	Thu	Muscle & Skeletal	"	Write one essay	
	Fri	Respiratory & Skin	"	"	
	Sat	Reproductive & Development	Circuits	"	Half of a full length test
4 <sup>th</sup> week	Mon	"	"	2 Passages of Verbal Reasoning	
	Tue	Genetics	"	"	
	Wed	"	Light & Optics	3 Passages	
	Thu	"	"	2 Passages	
	Fri	"	"	"	
	Sat	Evolution	Atomic Structure	3 Passages –to complete one VR section	
5 <sup>th</sup> week	Mon	"	"	2 Passages	
	Tue	Bonds & Stereochemistry	Periodic Table	"	
	Wed	"	"	3 Passages	
	Thu	"	Bonding	2 Passages	
	Fri	Molecular structure & Spectra	"	"	
	Sat	"	Phases & Equilibria	3 Passages + Writing Sample	

6 <sup>th</sup> week	Mon	Separations & Purifications	"	2 Passages		
	Tue	"	Stoichiometry	"		
	Wed	Hydrocarbons	"	3 Passages		
	Thu	"	Thermodynamics	2 Passages		
	Fri	"	"	"		
	Sat	Oxygen containing compounds	Kinetics	3 Passages + Writing Sample	Full length test	
7 <sup>th</sup> week	Mon	"		2 Passages		
	Tue	"	"	"		
	Wed	Acid derivatives	"	3 Passages		
	Thu	"	Solutions	2 Passages		
	Fri	"	"	"		
	Sat	Keto & esters	Acids & Bases	3 Passages + Writing Sample		
8 <sup>th</sup> week	Mon	"	"	2 Passages		
	Tue	Amines	"	"		
	Wed	Bio molecules	Electrochemistry	3 Passages		
	Thu	"	"	2 Writing Samples		
	Fri	"	"			
	Sat	Full length test + Review				
9 <sup>th</sup> week	Mon	Break				
	Tue	Full length test + review Mark your weak topics and practice them				
	Wed					
	Thu					
	Fri	Break Very important - this three-day break will charge you with new powers towards the upcoming marathon				
	Sat					

10 <sup>th</sup> week Practice tests marathon	Mon	Full length + Review (Practice weak areas)
	Tue	
	Wed	Full length + Review (Practice weak areas)
	Thu	
	Fri	Full length + Review (Practice weak areas)
	Sat	
11 <sup>th</sup> week Practice tests marathon	Mon	Full length + Review (Practice weak areas)
	Tue	
	Wed	Break
	Thu	
	Fri	Full length + Review (Practice weak areas)
	Sat	
12 <sup>th</sup> week End marathon and break	Mon	Break
	Tue	Full length + Review (Practice weak areas)
	Wed	
	Thu	Full length + Review (Practice weak areas)
	Fri	
	Sat	

For additional information about our MCAT prep services, visit our site:

<http://www.testprep-online.com/MCAT.aspx>

Or contact us at [info@testprep-online.com](mailto:info@testprep-online.com)